



Holiday Exchange Program Flanders 2025

Antwerp, January 2025

Dear friend

District 2140 invites you to send 1 young person from your country to the annual holiday

Flanders Summer Camp

Sunday 17 August - Saturday 30 August

In the heart of Europe lies Flanders, a region packed with history, heritage and arts. The cradle of cycling and the breeding ground for an unparalleled culinary culture. A place full of stories that stretch back centuries, thanks to our pioneering craftsmanship. Flanders may be modest in size, but that's exactly why it's wonderful to discover by bicycle, for example. Discover the gems of heritage in their green, natural regions. Flanders is perfect for exploring cities such as Antwerp, Bruges, Brussels, Ghent and Mechelen. A multitude of arts, heritage, gastronomy and other highlights at just a stone's throw from each other. You will be welcomed with open arms in Flanders.

The Program: A journey "where you arrive as an individual and leave as a team". Based in the heart of Antwerp, you will discover the city in its many facets. You will enjoy day trips to cities such as Bruges - the Venice of the North - Ghent, Brussels and Mechelen. You will participate in team building activities, savour Flemish delicacies and do much more, accompanied by different Rotary Clubs of the Antwerp Area. You will stay in a Youth Hostel with the other participants. More information will be sent to selected participants, and a detailed program will be shared by the end of June 2025.

Camp Fee: Participants need to pay a camp fee of **350 EUR**. This fee covers full accommodation of the participant in a Youth Hostel in Antwerp, and includes all meals as provided by Rotary District 2140 and the participating Rotary Clubs of the Antwerp Area.

The Camp fee does not cover your travel costs to and from Brussels Airport (BRU) or Antwerp Central Train Station, where you will be welcomed by Rotarians. If you fly to or from Brussels South Airport (CRL or Charleroi Airport), you will need to make your own arrangements to travel from there to either Brussels Airport (BRU) or Antwerp Central Train Station.

The Flanders Summer Camp is open to **20 participants** between **18 and 24 years old** that meet the following requirements:



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- You need to apply for the Flanders Summer Camp with the official Rotary Application Form;
- Your application needs to be supported by a certified Rotary Club and your Rotary District;
- You need to have a good working knowledge of English;
- You should be in good physical shape, be comfortable to ride a bike, and not have a fear of heights (so you may climb some of Flanders' beautiful towers);
- You must have insurance against illness, accident and third-party damages according to Rotary International recommendations. Proof of insurance must be sent after acceptance of the candidate and must be presented before arrival.
- Unfortunately we can not cater to all special food requirements. We hope you will like our Flemish and European food. Vegetarian alternatives are possible if you let us know upfront.

Camp applications: If you are interested, please apply by sending in the following:

- The official Rotary application form (pages 2 to 9), properly completed. Your sponsoring and certified Rotary Club must send it to the responsible person of your Rotary (Multi-)District. The responsible person of your Rotary District can forward your application to us at hep.flanders@gmail.com.
- Let us know if you have already participated in Rotary Summer Camps, or in other Short Term or Long Term Exchanges with Rotary.

Applications are closed on *30 April 2025*. We will let you know as soon as possible if you have been selected. Once informed of your selection, we will provide you the payment details, and you will need to pay the camp fee and provide proof of insurance by 1 July 2025 at the latest.

If for some reason you are not able to join the Flanders Summer Camp after you have applied or have been selected for the Flanders Summer Camp, please inform us as soon as possible so we may give another candidate the opportunity to enjoy the Flanders Summer Camp.

If you have any further questions or remarks, please do not hesitate to contact us by emailing us at hep.flanders@gmail.com.

We hope to welcome you this summer in Flanders!